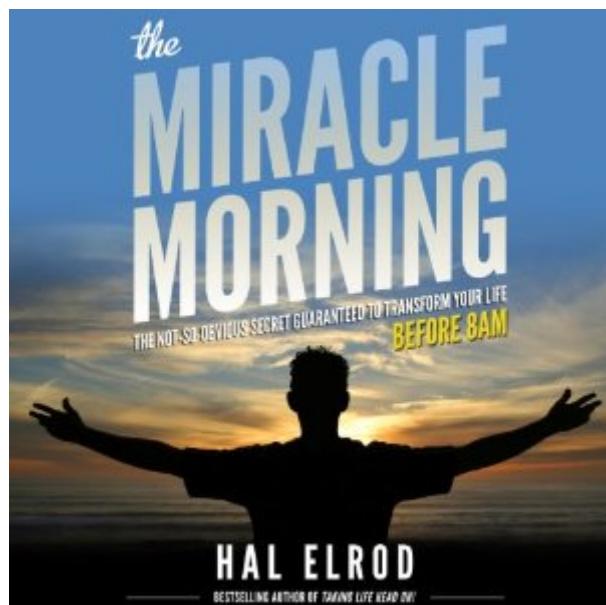


The book was found

The Miracle Morning: The Not-So-Obvious Secret Guaranteed To Transform Your Life - Before 8AM



Synopsis

What if you could miraculously wake up tomorrow and any - or every area of your life was transformed? What would be different? Would you be happier? Healthier? More successful? In better shape? Would you have more energy? Less Stress? More Money? Better relationships? Which of your problems would be solved? What if I told you that there is a "not-so-obvious" secret that is guaranteed to transform any - or literally every area of your life, faster than you ever thought possible? What if I told you it would only take 6 minutes a day? Enter The Miracle Morning. What's now being practiced by thousands of people around the world could perhaps be the simplest approach to creating the life you've always wanted. It's been right there in front of us, but this audiobook has finally brought it to life. Are you ready? The next chapter of your life - the most extraordinary life you've ever imagined - is about to begin. You deserve an extraordinary life. It's time to wake up to your full potential.

Book Information

Audible Audio Edition

Listening Length: 4 hours and 57 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Hal Elrod

Audible.com Release Date: May 1, 2013

Whispersync for Voice: Ready

Language: English

ASIN: B00CLMX0D4

Best Sellers Rank: #9 in Books > Business & Money > Small Business & Entrepreneurship > Entrepreneurship #15 in Books > Self-Help > Spiritual #33 in Books > Audible Audiobooks > Business & Investing

Customer Reviews

I love the principles behind having a morning routine. Some have suggested you don't need the mornings to do all this. No you don't, but I believe it's the best way. The reason is when you go through your daily life, you can't control what happens to you. However you can control how you start your day. So no matter what craziness happens during the day, you've made time to focus on yourself and personal growth. Also it gets you ready for the day. If you feel grateful, do your affirmations, get the blood flowing, and focus on the goals you want to achieve for yourself in the

morning, the rest of the day you're going to see the world through that filter. If you wake up and watch the news, check what your friends are complaining about on Facebook, watch some TV, grab a quick sugar filled breakfast and then head out the door to start your day, then you've set yourself up for a lazy and unproductive. Do that for 365 days and see what happens. I know because my morning routine did nothing for me. I worked at a restaurant so I didn't work till nights. I'd sleep in, watch tv, check my email, check social media, eat breakfast while doing this, and then do this until lunch time. After lunch, I'd do more of the same until it was time for work. Hal's book speaks to me like an old friend teaching me the best way to maximize my mornings. I like that he doesn't come off like a guru. He sounds like a regular guy who's overcome a lot in his life and discovered the one thing that makes him able to achieve so much in life. There's no guessing what you need to do. He lays out a plan for you that has not only worked for him, but his coaching clients. If you saw my Kindle book, it's covered in highlights and notes.

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